

**Color Vision's**  
**Therapeutic Grade Essential Catalogue for Blended Oils**

**Aaaah, Mmm! Pain to Pleasure**

Uplifting blend, good for daily wear, promotes feelings of well-being. Brightening and balancing ingredients traditionally used to ease aches from sports activities and fibromyalgia. Popular elements frequently used to enhance focus and mental clarity, bioelectric energy and emotional balance. Offers gentle sensuality and warm grounding.

Wear undiluted as personal essence on neck, chest, behind ears, and on pressure points. Diffuse or put a few drops on palms & inhale deeply for panic relief. Dilute for massage.

Angelica, Bay Laurel, Marjoram, Nutmeg, Niaouli, Peppermint, Litsea cubeba, Rose, and Oakmoss

**Abundance**

Sensual Merchant's blend contains ancient healing Holy oils Frankincense and Myrrh. This blend stimulates inspiration, Heightens Sensory Perception, creativity, & increased productivity. Energetically, the blend releases blockages in the throat and supports the thyroid.

Cinnamon, Clove, & Sweet Cassia stimulate brain integration, attention/concentration and physical regeneration, brain oxygenation and wound-healing, Frankincense arouses spiritual bliss, and Myrrh slows time to bring expanded consciousness. These oils are very pleasurable to both giver and receiver when diluted for a foot massage. Patchouli is an excellent brain stimulant a calming and energizing nerve tonic which sharpens intelligence, concentration and insight, and is said to attract money. Spruce grounds the blend, and the precious oils flow in a river of Sweet Orange to bring joy and magical energy, peace and happiness. You may add a few drops of this rich blend to other diffuser blends. However, thick oils such as Myrrh may clog a diffuser. Most frequently, this blend is worn undiluted for personal daily wear. A few drops can be put around the entry door, on the palms of the hands, on money, & around the work area. Energetically, the blend releases blockages in the throat and supports the thyroid.

**ALERT & FOCUS**

Warming Basil, Coriander, Mint, Rosemary, & Ylang Ylang balance serotonin, improve brain function for ADHD, Academic Underachievers fights senility & Alzheimer's. Improves Attention, Concentration & Memory, enhances mental & physical function, relieves anxiety, strengthens nerves, liver & eyes, clears arteries, increases circulation & oxygenates the brain, fights chronic fatigue & auto immune diseases.

Warming, Immune-Building Basil, Coriander CO2, and Rosemary are balanced by calming, cooling Ylang Ylang and Peppermint. The strengthening combination assists recovery from Chronic Fatigue Syndrome, and is often used for completion of projects, and is thought to relieve anxiety and fatigue, strengthen nerves, increase circulation, enhance brain function, and assist in balancing the serotonin level.

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**Amor**

Relaxing and invigorating Cardamom, Jasmine, Hyssop, Angelica, Bay Laurel, Tarragon, Clary Sage and Litsea cubeba alleviate anxiety and reduce worry, allowing sensuality.

Inhale from bottle, diffuse, anoint head, neck and pulse points for stress relief. Dilute for massage.

**ANGEL SHIELD**

Protective, regenerative blend of Angelica, Myrtle, Basil, Frankincense, Helichrysum balance, strengthen heart, nerves, metabolism to heal at a cellular level. The antidepressant blend reduces anxiety, stress and nervousness, releases emotional blockages, harmonizes CNS, relieves irritability, stimulates brain neurotransmitters for calm learning readiness.

This blend is frequently used as hormonal and general support for competition horses, particularly mares.

ADHD Daily Wear, Alzheimer's Daily Support, Anxiety Relief, Balancing: Emotional, Metabolic; Brain Integration, Cellular Healing, Cleanse & Protect Environment, Daily Wear Both Sexes, Release Fears (Earth Energy), Focus, Heart Strengthening, Hormonal Support, Hydrotherapy, Nerve Support, Pet Care, Protection, Spiritual, Sports Massage, Strengthening, Stress Relief Massage, Uplifting, Brain Balance; Emotional Release,

**ANTIBACTERIAL and RESPIRATORY**

Cleanse wounds & environment with this antiseptic, antibacterial PEO blend. Also great for uplifting & regenerating massage! Energetically, it stimulates skeletal structure, deep into the bone marrow, nourishing bones & red blood cells, and then energizes meridians. Diffuse to cleanse environment & for calming, uplifting effect; dilute in water & Spritz to cleanse wounds, prevent infections, and freshen hospital or sick room.

This very pleasant, invigorating blend can be applied topically, used in an air diffuser, or diluted in water in a Spritzer bottle or with carrier oil for a delightful massage. Contains powerful antiseptic and antibacterial oils Lavender, Lemon, Orange, Nutmeg, Niaouli, Ravensara, Rosemary, Spruce, Clove, Coriander, Ylang Ylang, Sandalwood, Vetiver, Marjoram, Thyme, and Peppermint. Inhale for bronchial and respiratory relief. Wear undiluted as a personal essence. May use diluted or undiluted to cleanse wounds & prevent infections.

This blend is good for the bones. It stimulates the skeletal structure, deep into the bone marrow, and may stimulate red blood cells which are made in the bone marrow.

Alzheimer's Daily Support, Anxiety Relief, Antibacterial, Bone Strengthen, Cleanse Physical, Cleanse Environment (Protection), Daily Wear Both Sexes, Energizing, First Aid (Natural), Focus, Hormonal Support, Nerve Support, Pet Care, Relaxing, Respiratory, Spiritual Sensuality (Endorphins), Uplifting, Bone Strengthening, Spine Deep in Core, Spine Strengthening.

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**ANTI-FATIGUE, Stress & Nausea Relief**

Begin the massage or spiritual healing session with this High vibration delicate energizing inspirational PEO blend, with precious Rose, Geranium, Juniper, Cinnamon, Nutmeg & nerve strengthening Rosemary. Diffuse, Spritz & wear for mental focus, digestive & stress relief, & project completion.

Put this delicate energizer on your hands & body to revive yourself, family members & clients. A favorite for people & animals! Apply a few drops undiluted or diluted in carrier oil to head, neck, pressure points and tummy for stress and digestive relief; inhale from bottle or diffuser for stress relief; dilute for massage.

**ANTI FLU**

Safe Respiratory Bacteria-Busters (Primarily Cineol), Strong Antiviral, antibacterial, anti-infectious, strengthens the immune system - eases flu, colds, relieves Insomnia & Muscle Fatigue. Diffuse or apply continuously for respiratory relief & protection; also one drop of Ravensara on tongue helps cut off sore throat & respiratory infections; also may dilute in carrier oil for muscle relief. Regenerative: Helps overcome Chronic Fatigue, Epstein-Barr, Infectious Mononucleosis, Viral Hepatitis, Flu, Bronchitis, Sinusitis, Cholera. Effective for Zona, Shingles & Herpes both externally & a few drops on tongue.

- Most Powerful Antiviral, Antibacterial, Anti-Infectious: A Bacteria-Buster that Builds the Immune System, Smells Good, Is Very Skin-Tolerant, with No Known Side-Effects or Cautions. Can be Used Externally, Internally, or by Inhalation. Good remedy for Sore Throat or Beginning Infection is to put 4 drops on a sugar cube or Vitamin C tablet, & let dissolve under tongue. Relieves Pain of Flu/Colds, Relieves Insomnia & Muscle Fatigue
- Regenerative: Helps overcome Chronic Fatigue Syndrome, Epstein-Barr, Infectious Mononucleosis, Viral Hepatitis, Flu, Bronchitis, Rhinopharyngitis, Sinusitis, Cholera.
- Heals Skin: Dramatic results for Zona & Herpes, when combined with Foraha Oil (Calophyllum inophyllum). Very Healing Combination!
  - Increases Intellectual Thought Process, Improves Concentration & Mental Function, Good for ADHD.
  - Balances Metabolism, Serotonin Level: Supports Thymus & Pancreas, Stabilizes Blood Sugar (Diabetes, Hypoglycemia).
  - Diuretic: Good for Kidney, Bladder infections, Herpes.
  - Safe Bacteria-Buster (Antiviral, Antifungal, Antispasmodic): Heals Respiratory, Asthma, Bronchitis, Lungs, Infections. Healing & Analgesic: Wounds, Rheumatism, Sore Muscles.

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**ANTIVIRAL**

Bay Laurel Laurus nobilis with Niaouli Melaleuca minor & Spanish Sage Cleansing, Protection & Love Attracting Niaouli is a safe antiviral, antibacterial, antifungal immune stimulant and decongestant for nasal & hemorrhoids. Hormone balancer; eases varicose veins and digestive problems; protects against radiation burns; protects both physically and psychically. Niaouli is similar to Tea Tree but with a more elegant aroma, this is a clearing and penetrating antiviral, antibacterial oil with stimulating and reviving properties, excellent used in the diffuser for respiratory relief and protection from infections. Historically thought to dispel infectious, noxious and negative energy, both internal & external (within & without). Energetically, this one heals on a cellular level deep within the core.

Bay Laurel is a powerful antiviral, immune building, hormonally supportive oil, and has the added benefit of being very pleasurable to smell, excellent daily wear and evening relaxation for both men and women:

- Antiviral for Respiratory System & Thymus. Builds Immune System: Fights colds, flu, tonsillitis, & viral infections. Throat sedative
- Digestive System: Eases Dyspepsia, flatulence, loss of appetite.
- Hormonal: Eases PMS, Menopause; Good for scanty periods.
- Fragrance & Foods: Used in perfumes, aftershaves & processed food of all types, as well as alcoholic and soft drinks.

Sage is renowned for its cleansing, protective and regenerating capabilities, and assists brain function for ADHD and recovery from strokes.

**APPETITE SUPPRESSANT**

Antispasmodic, Stress Relief, Digestive, Energize, Focus, Hormonal Support, Nerve Strengthening, Grounding, and Uplifting.

Tarragon, Anise, Fennel, Ginger, Coriander, Clove, Listea cubeba, Melissa, Marjoram, Labdanum (Cistus), Cedar, Cypress, Juniper, Citruses.

**AROMA SIEZ**

Relieves tight, sore, and aching muscles from sports injuries, fatigue and stress. Relaxes cranial and heart arteries and muscles for increased circulation and relief of hypertension, headaches, TMJ, and angina pains. Apply directly to affected areas or dilute in a carrier oil or cream for wider application. The oils in this blend also soothe digestive upsets or spasms. (2 drops in the bellybutton or stomach)

Majoram, Basil, Cypress, and Lavender Angustifolia.

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**ARTHRITIS Relief**

Nourishing blend warms, increases circulation, clears energy blockages in hands, joints, feet -- relieves stiffness & arthritis pains. Ancient Holy oils Frankincense, Sandalwood, Angelica, Coriander, Carrot Seed, Marjoram, Elemi, Myrtle, Helichrysum; warming, relaxing pain-relieving Birch & Clary Sage, & cleansing Juniper. Dilute in cream or nutritious carrier oil.

Antispasmodic, Balancing, Cleansing, Energizing, Hormonal Support, Natural First Aid, Pain Relief, Pet Care, Warming (Increase Circulation).

Circulation to Hands, Feet, Head & CNS Bones & Joints.

**AZTEC GOLD**

(Wintergreen & Benzoin) Warming, drying, refreshing, Anti-inflammatory increases circulation, relieves pain in joints. antioxidant, antiseptic, styptic astringent, calms stomach, cordial, deodorant, diuretic, expectorant, sedative, wound care. Contains Wintergreen and Benzoin.

Affirmation: I taste the crystal clarity of Aztec Gold and move into action easily, creating my wealth and prosperity

Suggestions: Add 1 drop to ice cream. Put on toothpick for tasting. Add 1 drop to meal replacement drinks.

**BABY'S TUMMY EASE & TMJ Relief**

Antispasmodic vasodilators Roman Chamomile, Spikenard, Lavender and Sweet Orange relax all body systems, ease digestive distress, colic, stress headaches and sleep difficulties. The blend works on a cellular level, energizing & removing physical & emotional blockages in the spleen.

Designed for babies -- great physical and emotional benefits for adults too! Antispasmodic vasodilators Roman Chamomile, Spikenard, Lavender and Sweet Orange have historically been used to relax all body systems, and are reported to ease digestive distress, colic, stress headaches and sleep difficulties. The blend has also been frequently chosen for emotional clearing, and provides emotional and physical comfort for Babies of all ages! Inhale from bottle or diffuser; apply undiluted to head, neck, chest. Dilute for massage. Apply 2 drops in belly button to ease stomach pains

**BEGINNING OF FIRE Cleanse & Connect**

Strengthening, cleansing hormonal oils Angelica, Caraway, Bay Laurel, Rosemary verbenone, Peppermint, & Birch release toxins, unblock energy, & nourish new cells to allow a fresh start physically, emotionally & spiritually. Sensuality is aroused by Rose, Jasmine, Ylang Ylang, Balsam Peru & Lavender, Bergamot & Vetiver.

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Warming strengthening blend prepares the way, creates sacred space, bringing us into higher consciousness. As we begin this opening to expanded spiritual awareness, we refresh our body and spirit with strengthening metabolic & hormonally balancing Angelica, Caraway, Bay Laurel, Rosemary verbenone, Peppermint & Birch, further fortified with cleansing & uplifting Lemon & Ravensara, all of which release toxins & relieve physical, mental & emotional stress. As the body strengthens, sensuality can emerge, enticed by precious sweet Rose, Jasmine, Ylang Ylang, Balsam Peru and High Attitude Lavender; and grounded by calming Bergamot & Vetiver. In addition to anointing & daily wear, this blend is also excellent for cleansing baths. \*Created by A'oleah Eara, Reiki Master/Teacher & Teacher of Mayan Studies, Houston TX.

### **BEYOND FEAR (Panic & Stress Relief)**

Each step is a choice between Love & Fear. Neroli, Sandalwood, Ginger, Geranium, Lavender, Mint, Cypress & Cedarwood relieve panic, nurture a sense of inner strength, reduce confusion, & increase bioelectric energy. Energetically the blend unwinds negative thought & releases emotional blockages in the solar plexus chakra.

Inspired by Emanuel's lesson that each step is a choice between love and fear, this blend features Neroli, Sandalwood, Geranium, Ginger, lavender, Peppermint, Cypress and Cedarwood, which have long been used to relieve panic, nurture a sense of personal well-being and inner strength, reduce confusion, and increase bioelectric energy. The intent of the blend is to assist us to release judgments and melodrama, and to find peace. Wear undiluted as personal essence on neck, chest, ears, pressure points. dilute in water Spritzer and spray body and environment; inhale from bottle or air diffuser for panic relief. Wear undiluted, and dilute for massage.

### **BLOOD PRESSURE, Sleep, Migraines**

(Diabetes & Dizziness) Calming, pain-relieving antispasmodic vasodilators Marjoram, Chamomile, Ylang Ylang, Rose, Neroli, Lavender, Geranium, Tanaceta anuum, Fennel, Mandarin & Celery help balance metabolism, relieve anxiety, worry, obsessive behavior & panic. Eases headaches, moves the circulation, pulls blood into extremities, warms hands & feet.

Apply undiluted or diluted in cream to temples, scalp, occipital ridge at back of head, and neck. Dilute (about 15 drops per ounce) in cream and apply on chest and under arms to relax (reported to ease hypertension). Add a few drops to other calming elements such as Lavender and Sweet orange, in air diffuser.

### **BLESSINGS**

Hormonal support, nerve and heart strengthening. Nerve and Brain stimulation, calming, and metabolism balancer. Lymph Drainage, mood lifting, good for circulation, Anti-depressant, Anxiety relief, aphrodisiac, invigorating, uplifting and warming blend.

Russian Rose, Sandlewood, Juniper Berry, Angelica, Bay Laurel, Sage, Melissa, Litsea, Marjoram, Nutmeg, Niaouli, Lavender, Peppermint, Lemon, Cassia, and Laynyana.

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**BLUE HEALER**

Calming, Cleansing, Mental Focus, Skin Nourishing: Transformational blue blend oxygenates brain, stimulates CNS, relieves anxiety & headaches for people & animals. Coriander & Cardamom chelate arteries, support recovery from strokes. Calming Yarrow & Chamomile; regenerating Frankincense, Angelica, Marjoram, Basil; drying Juniper; cell rebuilders Geranium, Carrot, Elemi, Lavender. Dilute in cream for skin conditions, bites, burns, hives, shingles.

This blend has become dearly beloved by many, and is frequently used to enhance memory and learning readiness for people and animals. It is also reported to relieve anxiety, stress and headaches. The blend contains rare and precious, calming blue oils Yarrow and Tanacetum anuum (blue chamomile), with other ancient Holy oils which increase oxygenation and brain circulation, including Frankincense, Angelica, Marjoram and Holy Basil; invigorating circulation stimulants and lymph cleansers Juniper, Coriander, Cardamom; and calming, nourishing cell builder Carrot Seed, Celery Seed, Elemi, Geranium, Orange, French Lavender. Massage undiluted on neck, jaw, around ears and on pressure points. Inhale from bottle and wear as personal essence. Due to the ameliorative characteristics of the blue oils, the blend has also been found useful to ease skin conditions, bites, burns, hives, and shingles.

**Bone & Joint Relief**

Delicate blue blend features Chamomile & Elemi which relieve swelling & pain, & speed healing of bruised or traumatized bones, joints & hands. Cypress & Juniper drain excess fluid & build new connective tissue. Carrot & Angelica nourish new cells. Antiviral Ravensara & Foraha combat infection. Myrrh, Frankincense, Helichrysum, & Lavender oxygenate & heal at cellular level. Apply undiluted or dilute for massage.

This delicate blue blend has become a classic, as it is reported to relieve swelling & pain of bruised or traumatized bones, joints and hands.

Features Elemi (historically known as Bone-Heal and carried in battle by the Romans), which works on all levels: physical, metabolic, emotional and spiritual. Cypress and Juniper drain excess fluid, nourish new cells, and help to build new connective tissue, as reported by Jeanne Rose and others.

- Powerful antiviral, antibacterial Ravensara and Foraha work together to combat infection.
- Myrrh, Frankincense, Helichrysum & Lavender increase transportation of oxygen through cell walls and reduce scarring.
- Angelica and Carrot Seed are nourishing elements.
- Chamomile is a calming, analgesic element to reduce swelling and assist speedy recovery. Palmarosa soothes and gentles.

Created to ease wounded ankles and knee joints, this blend has the added benefit of being very pleasing to smell, gentle on the skin, and can be used full strength on affected areas. For distribution

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to larger areas, dilute in a nourishing cream (about 15 drops per ounce of cream).

**BRAIN Power & Creativity**

Frankincense & Sandalwood improve circulation & the flow of oxygen to the brain, & cleanse toxins which may be stuck in the brain. Calming, nourishing Helichrysum, Elemi, Lavender, Melissa & Orange; grounding Cypress. Energetically the blend helps oxygenate the lungs & brain, warms the blood, moves heat throughout the body. Wear, diffuse, spritz.

Includes generous quantities of Frankincense and Sandalwood, sesquiterpenes which are said to increase transportation of oxygen to the brain, improving circulation & the flow of oxygen to the brain, & also washing out toxins, detoxing chemicals which may be stuck in the brain. Contains Cypress and Cedarwood for grounding; Elemi for creativity; calming, nourishing Helichrysum, Lavender, Melissa, and Orange.

Inhale from the bottle when doing creative work, diffuse, or rub on the palms & breathe deeply. Wear a few drops on the carotid arteries & back of neck (occipital ridge). For Reflexology, apply a few drops on the big toe ("brain" reflexology point) to stimulate brain centers including the pineal & pituitary glands. Also work the base under the big toe to stimulate reflexology points for the parathyroid, thyroid & adrenals.

**BREATH FRESH Antibacterial & TMJ**

Rub 2 or 3 drops of this refreshing, healing blend on your gums to freshen breath, keep gums healthy, stop colds, flu, sore throat, and abscesses. Safe, healing bacteria busters Myrtle, Eucalyptus, Lemon, Ravensara, Cinnamon, Myrrh, Clove, Peppermint, Elemi, Rosemary, gentle Sweet Thyme serpolet; & warming, pain-relieving Birch, in lecithin for fast absorption.

Physical Index: Ancient Holy Oils, Antibacterial, Balancing, Breath Freshener, Calming, Daily Wear for Men & Women, Cellular Healing (Healthy Gums), Habits (Smoking, Appetite Suppressant), Headaches (TMS), Immune-Building, Natural First Aid, Nerve Support, Nourish Gums, Respiratory, Pain Relief.

**BREATH OF LIGHT**

We offer this heavenly scent with its delicate white blossoms of Jasmine, Frangipani (Plumeria), Linden Blossom, Ylang Ylang, Neroli, Magnolia Bouquet, Sweet Pea Bouquet, and Tuberose riding on a cushion of Rosewood and a river of uplifting Ginger and Spiked Ginger Lily.

**BREATHE EASY Respiratory Blend**

Respiratory clearing, brain boosting Rosemary, Lime, Eucalyptus, Ravensara, Spike, Mint & Cassia. Antispasmodic nerve tonic eases asthma & bronchitis, fights respiratory infections, reduces anxiety, assists brain function & eases diabetes, hypoglycemia, rheumatism, arthritis. Increases circulation in blood, lymph, & meridians.

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This blend is frequently used by massage therapists to help clients keep clear respiratory passages during the massage. Some put a few drops on a cotton ball placed close to the client's head, under the massage table. Asthmatics also find relief with this blend, used in an air diffuser and/or several drops in a respirator.

Rosemary, Lime, Eucalyptus, Ravensara, Spike Lavender, Peppermint and Cassia are invigorating, antispasmodic, anti-stress nerve tonics which are said to ease asthma and bronchitis, clear respiratory congestion, and fight respiratory infections. They reduce anxiety, increase attention,

memory & concentration, and are thought to provide metabolic support for thyroid and conditions of diabetes, hypoglycemia, rheumatism, arthritis. The gentle, comforting energizing blend, diluted in carrier oil and massaged into pressure points, eases fibromyalgia and rheumatism.

### **BRUISES DELUXE**

A few drops undiluted, & excellent body spray for sunburn or severe bruises, diluted in aloe or oxy-water spritzer. Contains Bergamot, Black Pepper, Carrot Seed, Coriander CO2, Cypress, Elemi, Foraha, Frankincense, Galbanum, Geranium, Helichrysum, Juniper, Lavender, Lemongrass, Palmarosa, Tanacetum & Tangerine Peel.

### **BRUISES, BURNS & Sensitive Skin Rash**

Contains skin soothing elements Patchouli, Frankincense, Lavender, Palmarosa, Geranium, Myrrh, Ylang Ylang, Helichrysum, Celery & Carrot Seeds, Citrus, Juniper. These elements are reported to relieve itching, hives, shingles, diaper rash and other sensitive skin areas. The blend is helpful for skin conditions due to poor circulation in legs, arms and hands.

Dilute in nutritious white cream or carrier oil for increased circulation, diaper rash or other raw, sensitive areas; & in Oxygenated water or Aloe Spritzer to spray on burns, bruises and contusions.

### **BUG BITE Relief**

Provides quick relief from mosquito, ant & other bites, burns & itching skin! Contains soothing elements Lavender, Eucalyptus radiata & Sweet Thyme serpolet. Apply undiluted or dilute in water spritzer or olive oil.

### **BURNING FLAME Cleansing, Strengthening, Spiritual Opening, Hormonal Support**

Cleanse & Purify Emotional & Physical; Strengthens Thymus, Opens Solar Plexus & Heart Chakras; Spiritual Opening, Hormonal: Sensual PEO blend for gentle Awakening! Precious warming Cleo oils activate the golden glow within: Jasmine, Rose, Sandalwood, Vetiver, Ylang Ylang, Angelica, Cedarwood, Cinnamon, Clove, Cardamom, Caraway, Balsam, Oakmoss, Geranium.

Daily Wear Personal Blend -- cleansing and sensual blend for gentle Awakening contains warming hormonal Cleopatra oils that are thought to activate our golden glow within: Jasmine, Rose,

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Sandalwood, Vetiver, Ylang Ylang, Angelica, Cedarwood, Cinnamon, Clove, Cardamom, Caraway, Balsam, Oakmoss; and comforting Palmarosa, Geranium, Lavender & Citrus.

Apply undiluted or dilute in olive oil for anointing, daily wear & meditation. Dilute in carrier oil for cleansing baths and gentle manual applications to abdomen & feet.

**CALM MENTAL FOCUS Panic Relief**

Calming, grounding oils stimulate neurotransmitters, reduce anxiety, allow mental clarity & cooperative effort. Wear, spritz & diffuse for focus. Dilute for massage. Energetically the blend balances cranial and sacral- calms nervous system, removes deep blockages in pelvis, & soothes the brain; calms Parasympathetic Nervous System.

Designed to alleviate anxiety, to allow optimal mental functioning during tests. The calming oils are thought to provide grounding, stimulate neurotransmitters for optimal brain function, and encourage cooperative effort. Basil, Elemi, Myrtle, Cypress, Cardamom, Grapefruit, Benzoin, Bergamot, Petitgrain, Litsea Cubeba, Patchouli, Jasmine, Sandal wood, Rose and Neroli.

Inhale from the bottle. and dilute in water Spritzer to spray the environment.

**CELL REPAIR**

Antiviral, anti-inflammatory elements designed to assist healing from within on a cellular level. Great for skin conditions including shingles and psoriasis. Cardamom, Coriander, Carrot Seed, Celery Seed, Ravensara, Helichrysum, Lavender, Geranium, Chamomile, Myrrh, Angelica, Holy Basil, Marjoram, Bay Laurel, Clove, Citrus, Cinnamon, Nutmeg, Thyme, Sage.

**CIRCULATION Hands & Feet**

This warming combination of stimulating and blue soothing blends was designed to increase circulation in the feet and toes. The blend features equal parts of nerve regenerating Fungus Heal and Pathfinder blends, stimulating Endoflex and Regenerate blends, and antispasmodic Baby's Tummy Ease -- all of which increase the energetic flow to the extremities. Dilute for manual friction application or massage

**CLEAR THINKING**

Mental & Emotional Balancers Cypress, Elemi, Jasmine, Lavender, Orange & Sandal wood relieve anxiety, reduce panic and obsessive need-driven behavior, provide grounding, & encourage feelings of well-being, allowing objective functioning

Cypress, Elemi, Jasmine, Lavender, Orange, Sandalwood are said to be metabolic and emotional balancers which are believed to relieve anxiety, reduce panic and obsessive need-driven behavior, provide grounding, & encourage feelings of well-being, allowing objective functioning.

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**CLEOPATRA**

Wear this exotic Pure Essential Oil Blend to Energize Your Inner Glow & increase self-confidence & charisma! Precious aphrodisiac Rose, Jasmine, Clary, Spikenard, Roman Chamomile, Ylang Ylang, & hormonal, balancing Geranium, Coriander, Elemi, Fennel, Myrtle.

Believed to energize our inner glow, which leads to increased self-confidence and charisma. Features rare and precious warming, relaxing aphrodisiac heart-opening oils Rose, Cistus, Jasmine, Clary Sage, Spikenard, Roman Chamomile & Ylang Ylang, along with hormonal, balancing oils Geranium, Coriander, Elemi, Fennel, Myrtle, Citrus, and Align with Spirit Blend. Recommended for daily wear perfume, water and massage treatments.

**CONFIDENCE DELUXE**

This very grounding blend was a confidence, concentration & memory booster for an underachieving high school dropout, who graduated at the top of his trade school, achieved & maintains career success. Jasmine, Rose, Neroli, Chamomile, Patchouli, Ylang Ylang.

**CONNECT TO MOTHER EARTH – Rain Spirit**

Antispasmodic, Stress Relief, Digestive, Energize, Focus, Hormonal Support, Nerve Strengthening, Grounding, and Uplifting.

Tarragon, Anise, Fennel, Ginger, Coriander, Clove, Listea cubeba, Melissa, Marjoram, Labdanum (Cistus), Cedar, Cypress, Juniper, Citruses.

**CRYSTAL ACTIVATION**

Creativity & Back Pain Relief. Myrrh, Spice, Clary, Jasmine, Spikenard, Angelica, Ginger, Basil ease obsessive worries, stimulate endorphins & Kundalini. Rose, Cardamom, Neroli, Frankincense, Sandalwood oxygenate cells, activate endorphins & pituitary-pineal. Citruses stimulate neurotransmitters, lymph. Aldehydes Litsea & Melissa bring healing to CNS, bones, vertebrae.

This blend has profound emotional, physical and spiritual benefits. On an emotional level, the ancient Holy oils Myrrh, Galbanum, Cassia, Cinnamon, Cedarwood, Oakmoss, Balsam, Clary Sage, Jasmine, Rosemary verbenone and Basil are said to ease obsessive worrying and help us move into higher consciousness. Massage legs and buttocks with a rocking motion, bringing forth a wonderful feeling of release and deep relaxation.

**CUPID'S DELIGHT aka SUGAR'N SPICE:**

Sensual blend of Jasmine, Frankincense, Cinnamon, & Spice is great to wear as personal essence, use for anointing, add a few drops to air diffuser, and dilute for massage. Energetically the blend stimulates the Central Nervous System and runs through all the nerves emanating from the CNS.

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## **Color Vision's Therapeutic Grade Essential Catalogue for Blended Oils**

This lighthearted aphrodisiac blend pleases many! Raise the frequencies for yourself and your Loved Ones with this sensual blend of Jasmine, Frankincense, Cinnamon, Spice and everything nice! Great to wear as personal essence, use for anointing, add a few drops to air diffuser, and dilute for massage.

Energetically the blend stimulates the Central Nervous System and runs through all the nerves emanating from the CNS.

### **DEEP MUSCLE & JOINT SUPPORT**

Release and Relax with these powerful antispasmodic analgesic elements Marjoram, Nutmeg, Angelica, Coriander, Clove, Cedar, Pine, Ginger, Labdanum (Cistus), and Black Pepper. Dilute with carrier oil for massage.

### **DETOX LYMPH & BLOOD CLEANSER**

A refreshing blend, popular in health spas; reduces stress & anxiety, encourages lymph drainage, and supports the endocrine system. The cleansing, balancing blend is frequently used with strengthening blends to help remove toxins during recovery from chronic fatigue and other auto-immune diseases. Good for all water treatments & massage.

A refreshing blend, popular in health spas to reduce stress and anxiety, encourage lymph drainage, and support the endocrine system. The cleansing, balancing blend is frequently used with Immune & In-tune for support of people recovering from chronic fatigue and other auto-immune diseases. Gentle for daily personal wear. Dilute in water, mud, and salt glows for hydrotherapy treatments; dilute in carrier oil/cream for massage. Lavender, Citrus, Cypress, Myrtle, Eucalyptus, Juniper, Fennel, Coriander, Angelica, Bay Laurel, Helichrysum, Cistus.

### **DETOX RELAXING HYDROTHEROPHY**

Excellent for massage & body wraps! Juniper, Rosemary, Lavender, Marjoram, Grapefruit and Lime are calming, refreshing nerve strengtheners. Use in diffuser, spritzer, or use in hydrotherapy & massage treatments. Dilute in water, mud, cream or carrier oil. Energetically the blend goes right into the chest, working on the lungs & thymus. It spreads out through the lungs & also releases emotional blockages in the chest. It's like almost, if there is a shield over the chest, it's removing the shield. Opens us up to receiving more Love.

### **DIGESTIVE & CONSTIPATION**

Relaxing antispasmodics relieve digestive, asthma & arthritis distress. Anise, Caraway, Fennel, Ginger, Cardamom, Black Pepper, Cumin, Lavender, Rosemary, Basil, Bay Laurel, Tarragon, Nutmeg, Juniper, Celery, Mint stimulate digestion, ease intestinal distress, constipation, gas, support liver & pancreas. Stimulates CNS & endocrine system.

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The oils in this blend include both stimulating and relaxing antispasmodics, which creates the combination historically used and widely described in the literature to relieve digestive, asthma and arthritis distress. Anise, Caraway, Fennel, Ginger, Cardamom, Black Pepper, Cumin, Mint, Lavender, Rosemary, Basil, Bay Laurel, Nutmeg, Juniper, Tarragon, and Celery Seed stimulate the digestive system, ease intestinal distress, gas, and constipation and help to support the liver and pancreas. Place a few drops in and around the belly button undiluted to relieve digestive problems. Inhale the blend to ease constipation; and also dilute in carrier oil for abdomen massage to assist in unblocking the colon.

### **DIGESTIVE, YEAST & PARASITE CLEANSE:**

Contains warming digestive stimulants Ginger, Tarragon, and Fennel; pain-relieving and stomach-calming Peppermint; Juniper for drainage; and Lemongrass, an antifungal vasodilator; Anise and Patchouli fight fungus/yeast infections and are reported to expel worms /parasites. Inhale the blend for digestive relief. Dilute in olive or castor oil for abdomen massage or compress. For reflexology, apply to the bottom half of the foot, in the center (stomach area) and then down toward the heel (intestines, colon area).

### **EAR INFECTIONS & MITES**

(Antibacterial for Animals): This animal formula is designed to be safe for application in and around your dog, cat or horse's ears. It features Lavender, Geranium, Eucalyptus, Niaouli, Lemon, Rosemary, Mint, Basil, Myrtle, Thyme, Yarrow, Bay laurel, Hyssop, Helichrysum, diluted in soothing Mullein oil.

Apply directly, 1 drop in each ear, or dilute with water in Spritzer bottle, & spray area.

### **EMOTIONAL RELEASE & RESPIRATORY**

Cellular Clearing of Emotional Issues: Ginger, Myrtle, Peppermint balance Serotonin, enhance mental focus; Bay Laurel & Fir open spiritual & psychic awareness. Eucalyptus radiata & Myrtle support thyroid, thymus & pancreas, help stabilize the blood sugar. Calming vasodilators Chamomile & Elemi open circulatory & respiratory passages, ease asthma, reduce anxiety, allowing openhearted energy flow for creative productions.

Brain stimulants Ginger, Myrtle and Peppermint invigorate and help balance the Serotonin level for optimum focus. Ginger provides courage, adds physical energy, and is said to bring love and money. Fir is known for its grounding and spiritually uplifting qualities— a high-vibration, consciousness expanding oil. Holy oils Bay Laurel and Elemi have historically been used to increase spiritual and psychic awareness. Eucalyptus radiata offers hormonal support and carries a high vibration and, along with Myrtle, helps to stabilize the blood sugar, supports thyroid, thymus and pancreas, and assists the brain, improving concentration & mental functioning. Calming, balancing vasodilators Chamomile and Elemi help to open circulatory and respiratory passages, ease asthma, reduce

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anxiety and assist emotional release of old regrets and resentments, allowing openhearted energy flow for creative productions. Inhale from bottle or diffuser to relax and release stress, increasing circulation & oxygenation throughout the brain and body. Wear undiluted on pressure points, dilute for massage.

**ENDOFLEX / THYROID SUPPORT**

Strengthening, balancing antibacterial Myrtle, comforting Spearmint and relaxing Nutmeg work together to ease asthma, fight respiratory infections, support thyroid, and assist metabolic balance. The blend is also thought to increase serotonin, reduce anxiety, and encourage calm learning readiness. Often used to ease pain of arthritis, rheumatism, and muscle spasms.

**ENERGIZE**

Bergamot, Geranium, Fir & Citruses soothe, uplift, cleanse; Hyssop, Rosemary verbenone, Pine, Ginger, Basil energize. The blend flows energy from the heart down into the lower chakras, & connects sexual energy with Divine Love, & channeling energy into the turquoise chakra, powering the immune system. Diffuse, inhale, wear undiluted; & dilute for head/neck massage, lymph drainage, cellulite & hydrotherapy treatments.

Contains soothing, balancing Bergamot, Geranium, Fir; stimulating, energizing Hyssop, Rosemary verbenone, Pine, Ginger, Basil; nourishing, uplifting, cleansing Lemon, Lime, Grapefruit, Orange. Diffuse, inhale, wear undiluted. Dilute in carrier oil for lymph drainage, massage, cellulite treatments, and weight-loss soaking baths

**EROTICA Relaxation, Sensuality**

Aphrodisiac blend arouses spiritual sensuality; pheromones Jasmine, Frankincense, Sandalwood; relaxing Patchouli, Ylang, Lavender & Cedarwood. Stimulates Heightened Sensory Awareness and Timelessness-- perfect for couples' massage. Opens a pathway between the heart & throat chakras, bringing the senses into alignment with Divine Love, expressing and receiving from the heart.

Classic exotic aphrodisiac blend arouses spiritual sensuality through ancient precious Holy oils Jasmine Frankincense, Sandalwood and Patchouli, with sweet Ylang Ylang, High-Altitude Lavender, and Cedarwood. Frequently reported to stimulate Heightened Sensory Awareness and a sense of Timelessness, which makes it a perfect accompaniment for couples' massage.

**FERN CREEK**

Sensual, Relaxing Panic Relief: Fir, Bay Laurel & Blue Chamomile calm, balance, increase bioelectric energy, relax, relieve stress, shoulder & neck pain. Diffuse for a sweet, mellow, woody mood. Dilute for stress/pain relief, neck & shoulder or full-body massage. Energetically the blend goes deep into the bones along the spinal column & energizes the vertebrae.

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Gentle blend creates a sacred space for Sensuality, Relaxation and Stress Relief. This popular blend of Fir, Bay Laurel and Chamomile calms, balances, and increases bioelectric energy, relaxes and relieves stress and neck/shoulder pain. Inhale, anoint undiluted and use in diffuser for sensual atmosphere; It is particularly good for neck and shoulder massage, and in an air diffuser to create a sweet, mellow, woody mood. Dilute for stress/pain relief, neck and shoulder or full-body massage.

### **FLOWER OF LIFE**

Sweet Eastern blend features rare and precious spiritual opening, regenerating Rose, Helichrysum, Cistus, Myrrh, Patchouli, and High Altitude Lavender; Gentle metabolic and hormonal balancers, respiratory antibacterial oils Eucalyptus radiata, Myrtle, Ravensara, Lemon, Geranium, Rosemary verbenone, Bay Laurel, Angelica, Tarragon, Elemi, Palmarosa, Fir, Litsea cubeba, Cinnamon, Clove; and digestive, blood cleansers Caraway, Cumin, Coriander, Carrot, Celery, Fennel and Peppermint. One

### **FOCUS TO LEARN**

Euphoric energizing blend stimulates brain integration, encourages empathy, intuitive connectedness & cooperative learning for people & their pets. Calming, hormonally strengthening Chamomile, Helichrysum, Geranium, Elemi, Nutmeg, Angelica, Fennel, Riverbenone, Bay Laurel, Sage, Hyssop strengthen nerves & increase focus. Lemongrass, Fir & Mint enhance attention, concentration & memory, & ease sore muscles. Lemon cleanses cells. Energetically the blend activates the Kundalini, transmutes sexual energy into the higher brain centers.

Popular for both people and animals, this euphoric stress-relief blend encourages empathy and stimulates brain integration, cooperative learning readiness and intuitive connectedness. Rare and precious calming, balancing elements Roman Chamomile, Helichrysum, Yarrow, Geranium, Elemi, Nutmeg and Bay Laurel are thought to increase brain integration and psychic awareness. Rosemary verbenon, Hyssop, Black Pepper and Sage have been reported to strengthen nerves and mental focus; uplifting Lemongrass, Fir and Mint encourage mental and emotional balance; hormonally supporting Angelica, Fennel and Rosewood are nourishing and strengthening, both physically and emotionally. Lemon cleanses the cells. When we breathe the blend, we stimulate the limbic system in the brain, for physical, mental and emotional benefits. When we rub a few drops on the skin, the oils to go through the skin into the circulatory system, where they assist transportation of nutrients and oxygenation of the cells, and help to eliminate waste and toxins from the cells. Eases sore muscles, a few drops with sports rubdown after events.

### **FUNGUS and YEAST**

Palmarosa, Ravensara, Holy Basil, Coriander, Cypress, Spruce, Tea Tree, Frankincense, Lavender, Myrtle, Patchouli, Spikenard, Myrrh, Clove, Thyme, Angelica and Helichrysum help fight fungus/yeast infections including Warts, Jock itch, Athlete's Foot and Other Damp Areas. Apply direct, or spritz diluted in water. Apply a few drops to affected area for soaking bath.

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Ancient Holy Oils, Antibacterial, Antifungal, Antispasmodic, Aphrodisiac, Balancing, Focus, Immune-Building, Natural First Aid, Pain Relief, Pet Care, Relaxing, Respiratory, Spiritual Sensuality (Release Endorphins).

**GIFT OF GOLD**

The *Pot of Gold* at the end of the Rainbow is an abundance blend which helps us to actualize our dreams! Has been reported to be an aphrodisiac stimulant for men.

Contains opulent precious oils Jasmine, Rose, Galbanum, Angelica, Lanyana, Spikenard, Cardamom, Nutmeg, Geranium, Ylang Ylang, Labdanum (Cistus), Chamomile, Tanacetum anuum, Basil, Bay Laurel, Hyssop, Tarragon, Litsea cubeba, Lemongrass, Melissa, Myrtle, Lavender, Juniper, Patchouli & Vetiver, riding on a river of Cedarwood, Fir, Spruce and Citrus.

Anoint scalp line, behind ears, occipital ridge, and neck.

**GIFT OF THE MAGI aka FIRE OF LOVE**

Enjoy the vibrations of the Magi with Frankincense, Myrrh and Sandalwood, designed to enhance spirituality and strengthen the immune system. This blend was blessed by Khojeste P. Mistree, who teaches the history of the Magi, during his visit from India.

**GOLDEN VOICE**

Delicate heart-opening blend softens aggressive personalities & critical aspect, & enhances trust. Excellent for delicate negotiations: Contains precious Jasmine, Rose, Clary Sage, Ylang Ylang, Geranium, Sandalwood, Fir, Juniper, Frankincense, Coriander, Hyssop, Lavender, Myrrh, Myrtle, Patchouli, Mint, & inspirational blends *Beyond Fear*, *Confidence Deluxe*, *Heart's Desire Blends*. Energetically the blend pulsates the liver on a physical level, releasing anger on the emotional level.

This delicate heart-opening blend encourages us and those around us to release judgments, ego needs and preconceived patterns, allowing harmonious communications, playfulness and development of new ideas. This blend encourages us to honor ourselves and others, freeing our inner voices to speak our truths, while also harmonizing with others' truths--thereby flowing forth a symphony of cooperative understanding. Has been reported to soften aggressive personalities and critical aspect, and to enhance trust. Excellent for delicate negotiations: Contains Jasmine, Rose, Clary Sage, Ylang Ylang, Geranium, Juniper, Frankincense, Sandalwood, Coriander, Hyssop, Lavender, Fir, Myrrh, Myrtle, Patchouli, Mint, *Beyond Fear*, *Confidence Deluxe*, *Heart's Desire Blends*.

Wear as personal essence, and notice the beneficial effects on those around you! Spritz environment, or add a few drops with Citrus and/or Lavender, in air diffuser.

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**GOODBY SADNESS aka Grief Relief:**

Mood uplift with precious natural antidepressants Neroli & Rose helps overcome grief & sadness. Contains comforting & balancing hormonal oils Jasmine, Clary, Ylang, Geranium, Bergamot, Benzoin, Petitgrain; with Cypress for grounding. Inhale, wear a few drops undiluted, anoint for inspirational massage. May be diluted for full-body massage. This mood uplift with precious antidepressants Neroli & Rose helps overcome grief and sadness. Contains comforting and balancing hormonal oils Jasmine, Clary Sage, Ylang Ylang, Geranium, Bergamot, Benzoin, Petitgrain; and Cypress for grounding.

Inhale, wear a few drops undiluted, anoint for inspirational massage. May be diluted for full-body massage.

**Grateful Spirit**

When we appreciate the beauty around us, & are grateful, we relax & open our heart, arteries & veins, enhancing our physical health & emotional wellbeing, allowing Creativity & Joy! Invigorating, sensual, spiritually arousing Cassia, Cinnamon, Clove, Nutmeg; & relaxing Ylang Ylang relieve worries & stimulate endorphins. Cedar wood is uplifting; antispasmodic nerve strengtheners Spruce, Fir & Patchouli arouse spirituality.

The gentle cheer of this blend reminds us that we can accomplish the most with an open heart of gratitude. Beginning each day by giving thanks for all our blessings helps us to open our heart, arteries and veins, enhancing our physical health as we improve our emotional wellbeing; & allowing creative mental activity without distractions or blockages. Invigorating, sensual, spiritually arousing , Cassia, Cinnamon, Clove, Nutmeg; and relaxing Ylang Ylang are often reported to relieve worries and create a sense of euphoria. Cedar wood creates an atmosphere of playfulness, fantasy and the spirituality of an innocent child. Antispasmodic nerve strengtheners & gentle brain stimulants Spruce, Fir and Patchouli ground this blend, assisting us to function calmly, while also encouraging spiritual a wakening .

**GOUT DELUXE**

This is a blend of Spirit Fingers, Wound Heal, Bacterial and Arthritis Blends along with Cardamon and Manuka. This blend has been know to give relief to those with GOUT. This soothing blend is wonderful to apply after a Ionic Foot Bath.

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**HAPPY CONCENTRATION:**

Rose, Rosemary verbenone, Citrus, Litsea cubeba, Lemongrass, Cedarwood, Rosewood & Myrtle enhance the senses, strengthen mental function & uplift mood. Wear, spritz & diffuse undiluted. Dilute for massage, fibromyalgia, sore muscles. Right brain blend enhances creativity, intuition, spirituality. Delicate Rosemary verbenone reminds us of a crisp morning in the Rocky Mountains! The blend is reported to strengthen mental function and uplift mood with Rose, Grapefruit, Litsea cubeba, Lemongrass, Petitgrain, Mandarin, Cedarwood, Rosewood and Myrtle. Wear undiluted, anoint, diffuse or spritz for car and office. Dilute for pain relieving massage (sore muscles, fibromyalgia, carpal tunnel).

**HEAD & HEART:**

Warming, nourishing Coriander, Carrot Seed and Angelica are thought to cleanse & strengthen arteries, veins and heart. On an emotional level, the blend encourages us to keep our heads while opening our hearts.

**HEADACHE & DIGESTIVE:**

This blend has been reported to provide quick relief for headaches, and can be beneficial for migraines. It is excellent for calm mental focus, as Peppermint can be both invigorating & calming, helps to balance the serotonin level. High Altitude Lavender angustifolia is calming, uplifting, eases headaches and encourages creativity. Pine sylvestris is a calming and uplifting nerve strengthener and antispasmodic vasodilator (reported to relieve worrying). Rub a few drops on temples, scalp, back of neck, behind ears, and up the side of the scalp. While primarily designed to ease headaches, the blend may also relieve digestive distress, if inhaled or a few drops applied around belly button. This combination also relieves tired aching legs and feet, and has been reported to reduce swelling with sprains for people and animals (20 drops per oz in cream or spritzer).

**HEADACHE RELIEF:**

Relaxing, pain relieving Sandalwood, Ylang Ylang, Clary, & Chamomile balance metabolism, relieve headaches, & relax neck & shoulder stress. Cypress comforts, grounds, provides courage to persevere through difficulties. Bergamot & Benzoin allow objectivity & increase bioelectric energy. Lavender & Cedarwood help to relieve excess worrying. Energetically the blend stimulates the root chakra & draws energy up through the legs-very strengthening to the legs.

Sweet, delicate personal wear blend, loaded with lots of precious Roman Chamomile and Sandalwood, can be worn undiluted, and may relieve headaches when applied to temples, neck, occipital ridge, scalp, behind ears. A few precious drops can be added to a soaking bath or in diffuser with Mandarin or Orange for a sensual, relaxing evening. Dilute for massage. Relaxing, pain relieving Sandalwood, Ylang Ylang, Clary Sage, & Roman Chamomile help to balance metabolism, relieve headaches, and relax neck and shoulder stress. Cypress and Cedarwood are historically reported to provide grounding, comfort, and strength to persevere through difficulties. Bergamot and

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Benzoin (Styrax) are said to allow objectivity and detachment from life's dramas, & increase bioelectric energy for a fresh start. High Altitude Lavender and Cedarwood help to relieve excess worrying & over-seriousness, allowing us to play.

**HEAL THE SOUL'S IMMUNITY:**

Sweet, very popular blend to *Comfort the Heartsick!* Grounding, Strengthening, Immune-building; reported to ease grief, works on all levels. Contains Ylang Ylang, Melissa, Frankincense, Rosemary, Myrtle, Cypress, Basil, Celery, Cassia, Thyme. Apply on neck & pressure points for daily wear; inhale or diffuse for meditation and uplift; dilute for inspirational massage.

**HEART'S DESIRE**

Each moment brings our Heart's Desire, as precious Rose, Ylang Ylang and Roman Chamomile arouse feelings of Peace & Love; sensual hormonally strengthening Clary Sage, Patchouli, Vetiver, Geranium, and Juniper relax the body, stimulate endorphins to bring out the Cleopatra & Marc Anthony in each of us! Warming Cumin, Caraway, Celery, Fennel are thought to balance, nourish and regenerate the body. Apply direct onto pressure points, neck, shoulders, abdomen. Dilute in carrier oil for massage and baths.

**HEARTSONG**

Delicate Hummingbird blend provides emotional, hormonal and metabolic balance, encourages feelings of Peace, Harmony and Love. It stimulates the pituitary, is a gentle, high-frequency aphrodisiac, reflecting Joy. Relaxing sensual ancient Holy oils Sandal wood, Cistus, Rose, Jasmine, Ylang Ylang, Frankincense, Galbanum, Spikenard, Myrrh, Roman Chamomile, Clary Sage, Clove, Oakmoss, Cardamon, Caraway Basil, Cedar wood, Benzoin Styrax, Rose wood, Helichrysum. Calming, healing, pain-relieving oils include Lavender, Geranium, Elemi, Marjoram, Celery, Nutmeg, Palmarosa. Brightening, mood uplifting oils include Melissa and Litsea cubeba. Nerve strengthening trees & herbs include Cypress, Juniper, Fir, Pine, Spruce, Rosemary verbenone. Strengthening, energizing oils include Ginger, Black Pepper, Hyssop, Coriander, Angelica, Bay Laurel, Sage, Anise, Rosemary, Thyme, Tarragon. Metabolic balancing & respiratory healing oils include Myrtle, Eucalyptus, Ravensara. Pleasant, cheerful, nutritious Citruses include Grapefruit, Mandarin, Orange, Tangerine. Anoint, wear undiluted, diffuse, dilute for massage.

**HEMORRHOID RELIEF & SKIN HEAL**

Anti-inflammatory. Niaouli, Geranium, Cypress, Myrtle, Elemi, Tangerine, Carrot, Myrrh ease pain, reduce swelling. Apply direct or with olive oil.

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**HEPATITIS RECOVERY, Liver and Pancreas Support:**

Rosemary verbenone supports the liver & strengthens the body following Hepatitis. Dilute in castor oil and rub on the abdomen. Dilute and spritz body & environment. Contains R. verbenone, Peppermint, Lemon, Thyme serpolet & Krishna Tulsi. The blend also provides hormonal support & activates the lymphatic system & sexual organs.

Jeanne Rose has reported that Rosemary verbenone is the best choice of essential oils to help strengthen the body following Hepatitis, as it supports the Liver. Dilute in castor oil and rub on the abdomen. Dilute and spritz body and environment.

**HOLY TRINITY of LIGHT**

A Peaceful Opening, to stay in higher consciousness and still grounded, while maintaining daily activities.

Contains Neroli, Jasmine, Hyssop, Geranium, Melissa, Cypress , Peace & Love, Kuan Yin, Oakmoss Bouquet.

**HOPE and GENTLE STRENGTH**

This blend is a favorite daily wear blend for those recovering from serious illnesses. Sweet, gentle antidepressant, mood uplift & strengthening blend for daily wear. Delicate Rare and Precious blend, rich with Rose, Helichrysum, High- Altitude French Lavender, Neroli, Juniper, Balsam, Palmarosa, Mandarin, Beyond Fear & June, Because I Care. Wear undiluted for gentle strengthening & emotional uplift.

**HOROMONAL CYCLES Daily Wear**

Hormonally & Emotionally Balancing & Uplifting Daily Wear blend relieves PMS, cramps, stress. Jasmine, Geranium, Ylang Ylang, Myrtle, Spikenard, Fennel, Coriander, Elemi, Grapefruit, Lemongrass, Mint, Roman Chamomile.

Reported to relieve P M S , cramps, stress, and to be emotionally balancing. Jasmine, Geranium, Ylang Ylang, Myrtle, Spikenard, Fennel, Coriander, Elemi, Grapefruit, Lemongrass, Mint, Roman Chamomile. Wear as personal essence; apply on abdomen diluted in cream.

**IMMUNE & INTUNE Strengthening Blend**

Immune-building, detoxifying, rejuvenating formula includes many ancient Holy oils. This cleansing & strengthening blend has been found to provide comfort and general support in cases of cancer, viral & immune problems. Apply to feet, spine, thymus, pressure points. The ingredients are listed below, grouped by their functions as reported in the literature: Sesquiterpene alcohols assist brain cell function, oxygenation of cells: Frankincense, Angelica, Basil, Bay Laurel, Caraway, Carrot Seed,

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Cedarwood, Cistus, Coriander, Cumin, Cypress, Elemi, Galbanum, Ginger, Helichrysm, Myrrh, Palmarosa, Patchouli, Sandalwood Terpene alcohols Detox, drain lymph, support adrenals, enhance attention, memory, balance: Ginger, Juniper, Citrus; Esters & coumarone. calming, balancing: Coriander, Geranium, Lavender, Petitgrain; Cineols: respiratory bacteria busters; hormonal, endocrine & immune support: Myrtle, Ravensara, Rosemary Verbenone; Ketones cleanse lymph, stimulate parathyroid, and stimulate new cell formation; anti-inflammatory, anti-allergenic, cleanse blood, decongest arteries and veins: Cinnamon, Clove, Sage, Hyssop, Oregano, Spikenard, Thyme, Tarragon.

### **INNER CHILD - the child within Uplifting Diffuser & Personal Wear**

Wear this blend to activate your inner child and relieve fears, enhancing feelings of well-being and innocent playfulness: Cedarwood, Clary Sage, Ylang Ylang, Juniper, Patchouli, Citruses.

### **INNER STRENGTH Heart Strengthening & Protection Blend**

High-Frequency blend features Rose and Angelica, is Spiritually expanding, healing, balancing & strengthening for heart (physically & emotionally) and metabolism. A beautiful aphrodisiac oil, arouses spiritual sensuality, heightened sensory awareness. Angelica is known as the Root of the Holy Ghost, and its vibration is considered to be protective.

### **JAW HEAL & Respiratory Infection Fighter**

Antiviral, antispasmodic, nourishing, pain-reducing blend of Myrrh, Clove, Elemi, Myrtle, Ravensara and Lemon fights off respiratory infections, eases dental problems & improves the health of the gums. Myrrh has been used throughout history to soothe severe abscesses, wounds and sores, including chronic & generally unhealable situations. The success of this blend is thought to be due to the generous amounts of Myrrh. The blend eases pain to assist in recovery following dental surgery, and helps to maintain healthy gums.

### **JOY**

This expansive, high vibration blend takes us to heightened consciousness. It also assists in overcoming grief, and many widows have found solace with this calming, balancing, natural antidepressant blend. Reduces anxiety, fear and stress, allows cheerful, alert attention to tasks. Bergamot, Geranium, Cedarwood, Rose, Ylang Ylang, Benzoin, Mandarin, Melissa. Wear as a personal essence, diffuse, spritz. Energetically the blend works on a very subtle level, pulling energy from the higher chakras into the physical body. Connects the ethereal and physical worlds. These calming and balancing oils help to overcome grief, sadness and depression. They reduce anxiety, fear and stress, and allow cheerful, alert attention to tasks. Contains Benzoin, Bergamot, Atlantica Cedarwood, Clove, Geranium, Lemon, Litsea cubeba, Mandarin, Melissa, Sweet Orange, Rose, Rosewood and Ylang Ylang. Use as a personal essence, in air diffuser or environmental spray/water spritzer.

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**Color Vision's**  
**Therapeutic Grade Essential Catalogue for Blended Oils**

**JOY FULSPIRIT Sensual Relaxation ( Daily Wear & Diffusor Blend**

Wear and diffuse this blend to relieve fears & anxiety, enhancing feelings of well-being and innocent playfulness: Cedar wood, Clary Sage, Ylang Ylang, Juniper, Patchouli, Citruses, laced with precious Jasmine. Created by Claudia Melidona, R M T, Energy Worker, Medical Histologist.

KUAN YIN Liver & Thymus Support, Chakra Balancing, Heart Opening Daily Wear Blend: Kuan Yin represents Perfect Love & Compassion. This beautiful comforting, strengthening blend energetically pulsates the Liver, releasing stored up anger & allowing Love to emerge. Contains Angelica, Balsam, Geranium, Cypress, Myrtle, Helichrysum, Mint, Myrrh, Citrus, Lotus & Magnolia Bouquets. Anoint pressure points, wear as perfume; dilute for sensual foot or full-body massage

An ancient Chinese legend tells of beautiful Kuan Yin, the lady who refuses to enter Nirvana until every soul has been saved. Thus this beautiful comforting, gently strengthening blend represents the delicate energy of Pure Love. Contains Angelica, Balsam, Geranium, Cypress, Lemon, Myrtle, Helichrysum, Mint, Myrrh, Orange, Lotus & Magnolia Bouquets. Anoint pressure points, wear as perfume; dilute for sensual foot or full-body massage.

**KUAN YIN Live & Thymus Support**

Kuan Yin represents Perfect Love & Compassion. This comforting, strengthening blend energetically pulsates the Liver, releasing stored up anger & allowing Love to emerge. Contains Angelica, Balsam, Geranium, Cypress, Myrtle, Helichrysum, Mint, Myrrh, Citrus, Lotus & Magnolia Bouquets. Anoint pressure points, wear as perfume; dilute for sensual foot or full-body massage. This blend increases circulation throughout the body, activating the endocrine glands, thymus, pituitary - strongly energizing, cleansing & strengthening the liver, opening the Heart.

**LIFTING THE VEIL**

This calming blend supports energetic & etheric clearing, banishes negative energy, and encourages rest for recovery. Clients report that this blend eases problems in the colon. This soothing, anxiety relieving blend also helps with grounding, reality orientation and mental clarity. The blend includes: Deeply calming Jasmine, Ylang, Vetiver, Chamomile, Valerian, Spikenard, Amyris, and Marjoram.

**LIVER /PANCREAS /GALLBLADDER Cleanse (Mental Focus, Hormonal Support)**

Calming & rejuvenating nerve strengtheners stimulate lymph drainage, remove toxins, reduce edema & stimulate new cell growth. Energetically the blend unwinds emotional issues & helps release anger held in the liver & throat. It helps release emotions trapped in the liver, drawing them up to the throat to be expressed. The left lobe of the liver is also energetically connected to the eyes, & this blend affects both organs.

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These calming & rejuvenating nerve strengtheners can be diluted in carrier oil & massaged on abdomen and lower back. Good for hydrotherapy/massage treatments, they have historically been used to stimulate lymph drainage to remove toxins, reduce edema and stimulate new cell growth. Angelica, Anise, Holy Basil, Coriander, Carrot, Celery, Fennel, Lemon, Geranium, Grapefruit, Helichrysum, Juniper, Lime, Marjoram, Mint, Rosemary, Tangerine, Spike Lavender.

**LIVER / LYMPH aka JUVAFLEX**

This is a blend of Geranium, Rosemary, Rverbenone, Chamomile, Carrot, Fennel, Citrus, Yarrow, Tanaceta, Helichrysum, and Tarragon. Apply over Liver & Lymph's Dilute in Sesame oil if desired.

**LOTUS BLOSSOM BOUQUET Love, Inspiration, Rare & Precious Daily Wear**

Sweet , relaxing aphrodisiac blend of rare and precious oils ( Rose, Jasmine, Spikenard, Ylang Ylang). Wear as perfume essence, and add a fe w drops to enrich other oils and blends. Anoint the neck and apply to the temples, behind the ears, and back of skull.

**LOVE Inspirational Rare & Precious Daily Wear**

Heart-opening Rose, Jasmine, Neroli, Coriander CO2, Ginger, Ylang Ylang, Cistus, Lavender, Cardamom, Juniper. This sweet aphrodisiac blend has been reported to be helpful in overcoming sexual problems.

**LOVE THAT LIVES /Strengthening, Uplifting, Pain Relief (Arthritis), Respiratory, Thyroid Support Diffuser & Daily Wear Blend**

Bright balancing Myrtle, Basil, Lemongrass, Spearmint & Nutmeg (throat vibrations for Speaking One's Truth); Lime (brings us into the Here & Now). Warming Birch, Roman Chamomile, Balsam Peru, & Cistus promote Heart-Opening, Spiritual Growth, & ease pain. Inhale, diffuse, spritz for respiratory relief. Good for daily wear, undiluted or diluted in cream. Energetically the blend opens up the chest & lungs, oxygenates the lungs.

This calming, strengthening and brightening blend features Myrtle, Basil, Lemongrass, Spearmint and Nutmeg (throat vibrations for Speaking One's Truth); Lime (brings us into the Here & Now). Warming Birch, Roman Chamomile, Balsam Peru, & Labdanum (Cistus) promote Heart-Opening and Spiritual Growth, and ease pain.

Inhale, diffuse, spritz for respiratory relief. Good for daily wear. Apply undiluted or dilute in cream for arthritis; dilute in oil or cream for anointing or gentle manual application.

**Color Vision's  
Therapeutic Grade Essential Catalogue for Blended Oils**

**LUNG HEAL /Diffusor Blend for Respiratory Infections**

Antiviral, antifungal & antibacterial oils assist recovery from bronchial pneumonia. Diffuse or Steam. Dilute for chest rub. Eucalyptus, Lemon, Myrtle, Niaouli, Clove, Ravensara, Thyme, Myrrh, Fungus/Yeast & Jaw Formulas. Energetically works on immune system, thymus, & CNS, traveling to the other chakras & nerve centers through the CNS.

This blend features antiviral, antifungal and antibacterial oils which are reported in the literature to assist recovery from bronchial pneumonia. Use in air diffusor, or old fashioned steam treatment: put 6 drops in hot steaming water, and breathe deeply with towel over head (be sure to keep eyes closed). Dilute with olive oil for chest rub. Contains Eucalyptus, Lemon, Myrtle, Niaouli, Clove, Ravensara, Thyme, Myrrh, Fungus/Yeast & Jaw Formulas.

**MELROSE**

Cleanse wounds, relieve itching with this Antifungal blend of Tea Tree, Rosemary, Manuka, Clove, Lavender, & Antiseptic Blend. Apply directly to affected area; dilute in water for foot bath or douche. Dilute in oil or cream for massage. Energetically the blend is invigorating, unwinding emotional & physical blocks in the small intestine & working on reflexes in the feet - drawing energy up from the earth to nourish the intestines

Clients report that this blend brings deep soothing satisfaction when applied on shoulders, arms and lymph areas. Excellent Antiseptic for wounds, and Antifungal for Athlete's Feet and Yeast infections/ Candida.

Apply directly to affected area; dilute in water for foot bath or douche. Dilute in oil or cream for massage. Contains Tea Tree, Rosemary, Manuka, Clove, Lavender, & Antiseptic/ Respiratory Blend.

**MEMORY ENHANCER**

This blend has been found to be Grounding, Strengthening, Calming and Energizing for mental functioning. It contains a delicate combination of relaxing, sensual, anxiety relieving Clary Sage, Sandal wood and Elemi; balanced by mentally stimulating Coriander, Ginger, Hyssop, Mint and Rosemary. This blend activates fluids (Digestive, Sinus, Pancreas, Adrenals) ADHD or Alzheimer's use for daily wear.

**MOUNTAIN MEADOW**

Calming Respiratory Hormonal Blend; Relaxing, Mind Expanding for Creativity; also good for Meditation and Spiritual Sensuality. Anoint, inhale & diffuse to ease asthma, & to stimulate creativity & sensuality. Dilute for massage. Dilute in cream for arthritis relief. Fir, Spruce, Geranium, Lemon, Elemi, AND Lanyana.

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**Moving Forward ( Circulation, Drainage, Energy to Get Unstuck & Find New Directions)**  
**Energizing for Positive Action**

This warming, versatile blend has been found to assist physical and emotional release. The blend relieves pain, eases excess worries, releases emotional blocks & encourages positive action. Energetically, the blend strengthens the Central Nervous System. Drying, chelating oils drain edema: Grapefruit, Myrrh, Juniper, Cypress, Lemon, Tangerine, Celery, Fennel, Coriander Seeds, Patchouli; Relaxing, sensual, hormonal and antispasmodic vasodilators: Spikenard, Marjoram, Jasmine, Vetiver, Sandal wood, Clary Sage, Roman Chamomile, Ylang Ylang; Calming, healing, regenerating, pain-reducing, mood uplifting Neroli, Lemongrass, Melissa, Frankincense, Rose, Cedar wood, Cardamon, Bergamot, Geranium, St. John's Wort, Helichrysum, Elemi, Carrot, Litsea cubeba, Lavender, Spearmint, Calendula, Palmarosa;  
Anti-inflammatory, immune-building bronchial dilators and respiratory tonics Myrtle, Spruce, Croatian Lavender, Angelica, Cara way, Balsam, Bay Laurel, Fir, Ravensara, Foraha, Niaouli, Manuka, Tanaceta anuum, Cinnamon; Energizing, pain-relieving nerve and digestive tonics Peppermint, Ginger, Nutmeg, Rosemary, Lanyana.

**Muscle & Joint Massage**

Assists drainage of excess fluids, reduces muscle soreness, pains of arthritis & rheumatism. Contains Juniper, Lavender, Marjoram, Carrot, Elemi, Helichrysum, Birch, Pine, Thyme, St. Johns Wort. Energetically works on liver & gallbladder, then the thymus, stimulating immune system: solar plexus to the nadis and into thymus, liver, gallbladder, going down to the spleen. It moves up into the thyroid gland also, connecting into the thymus, chest – working on the metabolism too. The blend is reported to assist in drainage of excess fluids, and to reduce muscle soreness and pain of arthritis and rheumatism.

Contains Juniper, Lavender, Marjoram, Carrot, Elemi, Helichrysum, Birch, Pine, Thyme, and St. John's Wort. Dilute for massage working on the metabolism too.

**MUSCLE RELIEF/ SPORTS MASSAGE**

Ease sore muscles & relax muscle spasms with this massage blend of Peppermint, Cypress, Rosemary, Lavender & Thyme, good for people & animals.

**MUSCLE TRAUMA**

All-round favorite blend for muscle pain, this blend contains Rosemary, Lavender, Marjoram, Nutmeg, Carrot, Coriander, Elemi, Cinnamon, Helichrysum, St.John's Wort. Dilute for massage.

**Color Vision's**  
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**NERVE REGENERATE Healing, Strengthening Massage Blend Rich with Frankincense:**

This regenerating blend, rich with Frankincense, was created to assist in treatment of a cervical brachial plexus nerve injury, & works well diluted in nourishing cream, 20 drops per ounce of cream. May apply to pressure points undiluted. Contains plentiful amount of the highest quality Frankincense CO2, along with precious Rose, Jasmine, Spikenard, Myrrh, Cardamon, Ylang Ylang, Calendula CO2, Marjoram, Rosemary, Balsam, Cedarwood, Cedarleaf, Clove.

This blend was created to assist in treatment of a cervical brachial plexus nerve injury, and works well diluted in nourishing cream, 20 drops per ounce of cream. May apply to pressure points undiluted. Contains precious Rose, Jasmine, Spikenard, Myrrh, Cardamon, Ylang Ylang, healing Frankincense, Calendula CO2, Marjoram, Rosemary, Balsam, Cedarwood, Cedarleaf, Clove. This blend is frequently used together with the Cell Repair blend, to assist in recovery from nerve damage.

**NIGHTTIME BREATHING**

Gentle, calming blend eases Asthma for children & adults. Contains Antispasmodic Bacteria Busters Ravensara, Spruce, Eucalyptus radiata, Marjoram; soothing, uplifting Geranium & Mandarin; & cleansing, purifying Lemon. Energetically the blend relaxes & releases nervous stress in the neck & throat to allow expression.

Gentle, calming blend designed for a 4-year old child with Asthma. Contains Ravensara, Spruce, Mandarin, Eucalyptus radiata, Marjoram, Geranium, Lemon, & Bacterial Blend. Diffuse, spritz, or rub a few drops on the chest & pressure points. Dilute for massage.

**Oh, Happy Day!**

An affordable Aphrodisiac -- this gentle strengthening, uplifting, protective daily wear & massage blend makes us feel good! Contains sweet, uplifting Himalayan Cedar wood & Patchouli; balancing & healing Elemi; nerve strengthening Litsea cubeba, Pine & Niaouli for sore muscles, respiratory & fibromyalgia relief. The blend is deliciously exotic, and surprisingly affordable!

**Opening to All**

Uplifting respiratory Daily Wear & Diffuser blend clears nasal congestion & protects against respiratory infections. It works quickly in an air diffuser to clear upper respiratory problems, and is primarily used undiluted for anointing and daily wear to maintain higher consciousness while also carrying out daily activities & protecting against infections. Contains antifungal bacteria busters along with brightening pain relieving aldehydes; relaxing oxygenating sesquiterpenes; Juniper for drainage; & precious natural high vibration antidepressants Rose & Jasmine.

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A favorite daily wear blend for Men, this uplifting respiratory blend was created to clear up nasal congestion and infection. It works quickly in an air diffuser to clear upper respiratory problems, and is primarily used undiluted for anointing and daily wear to maintain higher consciousness while also carrying out daily activities & protecting against infections. Contains relaxing, uplifting Holy oils Myrrh, Chamomile, Bay Laurel, Jasmine, Rose, Vetiver, Sandal wood, Patchouli & Juniper; and brightening, calming, pain-relieving Litsea cubeba, Lemongrass, Lavender & Citrus; along with strengthening bacteria-buster blends Melrose and Fungus/Yeast Blends. Diffuse, Spritz, Wear undiluted; Dilute for massage.

### **PAIN AWAY**

This blend is frequently used to relieve back pain and muscle spasms. Contains warming, pain-relieving Birch and Helichrysum. Clove to discourage infection and relieve pain. Peppermint cools fever and relieves swelling. Croatian Lavender is high in natural camphor and is an antispasmodic, helping to ease asthma and arthritis pain. A generous portion of Six Bears Running has been added to this blend to gentle the formula so it can be applied undiluted, or diluted in a carrier oil for massage. Can be used as an inhalation to relieve nasal congestion. (place a few drops on your palms, rub together and breath deeply).

### **PARKENSEN'S RELAXING FORMULA™**

This formula includes vasodilators/pain relievers Marjoram, Nutmeg; nourishing Geranium & High Altitude Lavender, relaxants Vetiver, Valerian, Spikenard & Hops, nerve & immune strengtheners Rosemary verbenone, Holy Basil, Black Pine, Spike Ginger Lily, Red Thyme, Thyme serpolet and Spike Lavender; and lymph cleansers Lemon, Sweet & Bitter Orange Peel.

### **PATHFINDER**

Antifungal Pain Relief Massage Blend. Delicate Blue essential oil blend relieves physical pain & assists Spiritual Awakening. Relieve tired, burning, aching feet, sore muscles & pains of fibromyalgia with Spikenard, Marjoram, Lemongrass, Litsea, Melissa, Nutmeg, Chamomile, Lavender. Regenerating Angelica, Yarrow, Myrrh ground us. Energizing Black Pepper & Ginger provide courage & shake up existing emotional structures, so that we can move to ward new possibilities. Cellular Regeneration is stimulated by Carrot, Helichrysum, St. Johns Wort; Lymph Cleansers Cumin, Caraway & Fennel; invigorating Peppermint, purifying Lemon; Nerve strengthening Fir, Spruce, Pine, Frankincense, Bergamot, Elemi, Rose wood, & Eradiata. Endorphins are activated by Ylang Ylang, Cinnamon, Clary Sage, Cistus, Sandal wood, Jasmine, Rose, Neroli, Grapefruit and Patchouli. Energetically the blend helps to clear sexual issues on a cellular level.

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Antifungal and Pain Relief for Sore, Burning Feet: Angelica, Yarrow, Myrrh ground us. Warming, drying and energizing Black Pepper and Ginger relieve pain, provide courage and shake up existing emotional structures, so that we can move toward new possibilities. Relieve tired aching feet, sore muscles and pains of fibromyalgia with Spikenard, Marjoram, Lemongrass, Litsea cubeba, Melissa, Nutmeg, Roman Chamomile, Lavender, which gently brighten, calm, increase circulation, and relax the body, relieving physical and emotional pain. Blood, Lymph and Digestive Cleansers are warming regenerative seeds Cumin, Caraway, Fennel; invigorating Peppermint; and purifying Lemon. Nerve strengtheners and healing, uplifting Balancers include Fir, Spruce, Cedar, Pine, Frankincense, Bergamot, Mandarin, Elemi, Rosewood, and Eucalyptus radiata. Cellular regeneration is stimulated by Carrot, Helichrysum, Palmarosa, St. Johns Wort, Celery, Myrtle, Hyssop, Rosemary and Rosemary verbenone. Hormonal support and Stress relief, creativity and sensuality are enhanced by Ylang Ylang, Cinnamon, Clary Sage, Cistus, Sandalwood, Jasmine, Rose, Neroli, Grapefruit and Patchouli. The blend is antifungal, and may be applied undiluted or in olive oil or nutritious cream. Use undiluted with a drop of Agrisept (grapeseed extract) & Shingles blend for fungal skin conditions such as ringworm.

### **PEACEFUL COMFORT**

Personal Wear, Massage & Diffuser Blend. This classic calming, pain-relieving blend has frequently been reported to ease irritability, allow feelings of well-being and restful sleep, and help to calm overactive or fussy children and adults. Inhale from bottle, air diffuser, or spritzer, wear as perfume, place a few drops on pillow, and dilute in carrier oil for massage. Balsam, Patchouli, Tanacetum anuum, Ylang Ylang, Citrus. The blend is very good for circulation.

### **PITUITARY & APHRODISIAC Expanded Consciousness, Mood Uplift, Thyroid Support**

This blend utilizes oils which have been reported to activate the pituitary, which controls the thyroid; & also activates the pineal-pituitary arc, for heightened sensory perception. Contain Clary Sage, Lavender, Ylang Ylang, Patchouli, Lavender, Fir, Sage, Coriander C O2, Jasmine & Yarrow.

### **Positive Action (& Panic Relief) Daily Wear & Diffuser Brain Booster & Creativity Blend**

Let the creative juices flow with this warming, euphoric combination of Grapefruit, Cinnamon, Elemi and Nutmeg. The blend is reported to relieve anxiety and ease panic, allowing positive action and completion of projects to occur. Inhale from bottle, diffuser, or Spritzer, and wear as a personal essence.

### **POST TRAUMATIC STRESS RELIEF**

This Blend assists in recovery from post traumatic stress situations, chemical toxins and addictions, it is good for the immune system and helps strengthen nerves. It is reported to raise bioelectric energy to help overcome emotional and physical shock. It cleanses; uplifts and energizes the body, mind and spirit.

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This blend contains angelica, carrot seeds, bay laurel, and helichrysum which are reported to stimulate and expand consciousness and creativity. There is Melissa which softens grief and relieves emotional trauma. Rosemary and sage are brain stimulants which are thought to enhance mental focus and strengthen delicate damaged nerves. Grapefruit is an euphoric aphrodisiac, and in color/light treatments, rosemary and grapefruit are Golden colored, releasing and draining physical and emotional toxins, allowing new perceptions and expanded understanding.

Diffuse for increased mental focus and creativity. For increased energy and recovery from toxins, dilute for massage.

### **Precious Moments Diffusor & Personal Wear Butterfly Blend: (Hi-Vibration Stress Relief; Delicate Uplift, Love, Respiratory Relief)**

This blend contains delicate & uplifting Rose, Juniper, Geranium, Cassia, Cinnamon, Clove, Coriander, Nutmeg, and Litsea; combined with nerve-strengthening Basil and calming, soothing Lavender.

The blend was designed as an uplift for high-strung, delicate individuals & those functioning at a high vibration level.

Anoint neck, scalp, shoulders and chest. Put a few drops on palms, rub together & breathe deeply. Diffuse or spritz for sensuality or creative work. Also especially good in air diffuser for respiratory health and spiritual opening. Use a few drops in carrier oil or cream for relaxing massage; reported to assist relief of muscle pains, including fibromyalgia.

### **Purify My Heart Blood & Lymph Cleanser, Heart Strengthener, Cancer-Fighter**

Purification is necessary to quiet our minds and listen to the Wisdom of the Still Inner Voice. We must also maintain the physical body, and this blend gently cleanses the arteries and veins, strengthens the heart, and stimulates the lymph. Regenerating Angelica, Bay Laurel, Sage, Cistus, Coriander, Geranium, Helichrysum, Rosemary, Verbenone, Tarragon; healing, balancing Lavender, Palmarosa, Eucalyptus; and hormonal drainage oils Fennel and Grapefruit.

Apply undiluted on neck, chest and around heart. Dilute in almond, sesame and apricot for soaking baths and manual application.

### **REGENERATE (Warming, Increases Circulation in Legs)**

Increase circulation with warming Coriander, Sage, Bay Laurel, Labdanum (Cistus), Clove, Nutmeg, Fir, Patchouli, Thyme, Ylang Ylang. Dilute in nourishing carrier oil for massage or manual friction.

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**RELAXING MASSAGE & HYDROTHERAPY & Brain Energizer Pure Essential Oil Blend**

Excellent for massage & body wraps! Juniper, Rosemary, Lavender, Marjoram, Grapefruit and Lime are calming and refreshing nerve strengtheners. Use in diffuser, Spritzer, hydrotherapy or massage treatments. Dilute in water, mud, cream or carrier oil.

**REVITALIZE**

This blend is reported to revitalize the brain and the body. The balancing, strengthening, comforting, uplifting aphrodisiac blend includes Holy Basil, Bergamot, Lavender, Giner, Celery, Black Pepper, Cardamom, all elements which have historically been used to stimulate circulation, cleanse arteries and veins, and nourish red blood cells, thus energizing the body. Diffuse, Spritz, wear undiluted. Dilute in carrier oil to anoint pressure points or for massage treatments. Dilute in water for baths, mud or body glow treatments.

**SACRED TANTRIC TRIANGLE**

This blend is thought to connect the energy coming from the Crown chakra to the Third Eye in a Sacred Golden Pyramid configuration, activating the pineal-pituitary arc and stimulating Heightened Sensory Perception (HSP). The oils contained in this blend are reported to help integrate the left and right lobes of the brain, and to activate the frontal lobe. They are also antiviral, cleansing, regenerating, & immune-building.

Frankincense, Myrrh, Hyssop, Yarrow & other ancient Holy oils are woven into this blend, along with other rare & precious blends Amor, Magnolia Bouquet, Kuan Yin, Venus, Spiritual Light & Healing, Jasmine Faerie, Anti-Fatigue, Joy & Come On Baby, Light My Fire.

**Show Me the Way**

Diffuser, Massage & Daily Wear Blend ( Release from Stress & Pain) The Spice of Life in this blend -- the Coriander, Clove, Cinnamon, & Thyme-- stimulates heightened sensory awareness and blissful sensuality, allowing the body to release anxiety -- while protecting from infection.

This blend encourages New Hope & Health, with bacteria-busters Peppermint, Spike Lavender, Niaouli, Ravensara, Lemon; with pain-relieving vasodilators and muscle relaxants Marjoram, Nutmeg, Sandalwood, Lemongrass, and Ylang Ylang. The se oils are thought to strengthen thyroid & metabolic balance and activate the frontal lobe for improved brain integration & mood uplift.

Inhale, diffuse or spritz for asthma and protection from airborne infections. Apply undiluted on front & back of neck, behind ears & chest for metabolic & emotional balance, release of fears, & brain integration. Spritz or use an old-fashioned steam inhalation to relieve a cough or sore throat. Dilute in cream for arthritis; Dilute in carrier oil for massage and soaking baths (relief of fibromyalgia, sore muscles).

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**Singers Formula (aka Soothing Digestive & Esophagus Cleanse)**

Affirmation: I expand the power of my throat, giving voice to the Creation within me.

This blend was created for a Singer, to help cleanse a mass in the esophagus. The blend is frequently used by Singers, to open the throat & raise the consciousness, enhancing creative expression. Contains soothing, consciousness expanding ancient Holy oils Angelica, Yarrow, Labdanum (Cistus), Fennel, Geranium, Carrot Seed, Celery Seed, Myrrh, Rose.

**SINUS Thymus**

(Antibacterial Decongestant, Relieves Colds, Sore Throats, Allergies); Shoulders, (Immune Building, Metabolic Balancing) Stress Relief ( Shoulders), & Bone Spurs: Contains metabolic balancers and bacteria busters Eucalyptus, Niaouli, Myrtle, Pine, Peppermint; calming, cleansing, pain-relieving antispasmodics Spruce, Cypress and Marjoram; and soothing Lavender. Energetically the blend creates a lot of heat in the pancreas, then the heat spreads out into the digestive function – into the liver, stomach, gallbladder, spleen – also in the thyroid gland – a real metabolic boost – digestion.

Inhale from bottle or a few drops in steam treatment for sinus relief. Dilute in carrier oil for shoulder and chest rub. Rub into toes, ball, instep and heel of foot for reflexology.

**Six Bears Running:**

Antispasmodic Pain Relief, Nerve Tonic. This very popular calming blend eases nervousness, obsessive behavior and insomnia, reduces pain and muscle spasms and strengthens & rejuvenates damaged nerves. It is a favorite blend of massage therapists and chiropractors, excellent for use with delicate clients. Six Bears and Endoflex blends, in combination with massage, work well together to improve facial tone and strength and range of motion for stroke, muscular dystrophy and polio patients. Can also be used for cleansing and calming in air diffuser. Energetically the blend strengthens the structure, the bones & joints.

This blend has become popular for many, and has been reported to ease nervousness, insomnia, reduce pain and muscle spasms, and is thought to strengthen damaged nerves. Wear undiluted on neck, pressure points & massage undiluted into any painful areas. It is a favorite blend of massage therapists and chiropractors, frequently used with delicate clients. Anti-inflammatory, it also helps clear up shingles or other irritated skin conditions. Six Bears & Endoflex have been reported to work well in combination for massage to improve facial tone, strength and range of motion for conditions involving damaged nerves. Can be used diluted or undiluted for massage; and in diffuser to cleanse and calm environmental areas. Contains Clary Sage, Eucalyptus, Patchouli, Marjoram, Ravensara, Fir, Cypress, Basil, Cedar wood, Coriander, Carrot, Citrus, Chamomile, Hyssop, Spikenard, Angelica, Elemi, Jasmine, Yarrow , Immune & In Tune, Myrrh, Vetiver, Cinnamon.

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**Soul Vibrations:**

Antifungal Respiratory Sinus, Bronchitis & Pain Relief; Strengthening, Cleansing. It is important to breathe deeply, and to open our hearts as well as our respiratory passageways. Sing in the shower and apply this blend on the throat and chest, to open and cleanse the bronchials.

The thymus houses the immune system, and is also the repository or seat of the soul. Apply oils on the fingertips, and then gently thump the thymus to stimulate these vital areas with antispasmodics Spruce, Marjoram, Sandal wood; respiratory bacteria-busters & metabolic balancers Eucalyptus, Niaouli, Manuka, Ravensara, Myrtle, Geranium, Thyme, Clove, Spike Lavender, Pine; cleansing draining elements Juniper and Lemon; & invigorating nerve strengtheners, immune-builders Peppermint, Hyssop and Rosemary verbenone.

Use a glass nebulizer air diffuser for bronchitis and lung infections; or add 6 drops to steaming water and breathe deeply. Apply undiluted on neck and chest for daily wear. Frequently used for fungus/yeast infections of feet, undiluted or in peppermint cream. Dilute in water for vaginal irritations.

**SPIRIT CALM**

This blend is reported to provide emotional comfort and ease extreme physical pain. Utilizes calming elements and natural hypnotics to achieve a state of deep relaxation, while the nourishing elements encourage the body's recovery. Bay Laurel, Lavender, Hyssop, Coriander, Clary Sage, Myrtle, Myrrh, Lemongrass, Joy, Spiritual Light & Healing, Relaxing Blends.

**SPIRITUAL LIGHT and HEALING**

Designed to uplift and expand our experience on all levels, this inspirational and strengthening blend works well in many situations. Contains rare and precious strengthening and consciousness-expanding ancient Holy oils Frankincense, Myrrh, Jasmine, Spikenard, Hyssop, Patchouli. Reported to be beneficial for patients recovering from serious illness. Dilute for neck, spine, foot massage and water treatments.

**SPIRITUAL OPENING**

Heart-opening Labdanum (Cistus) and pain-relieving Spikenard, with beloved Frankincense and Myrrh make this a classic doorway for meditation and spiritual development. Nourishing, balancing Carrot Seed, Elemi, Myrtle, Celery Seed, Sage and Patchouli increase focus and encourage feelings of Peace, Harmony and Love; and Cypress warms and grounds the blend.

Activate Root & Adrenals (releasing fears); Ancient Holy Oils, Antispasmodic, Anxiety Relief, Balancing, Energizing, Focus, Heart opening, Pain Relief, Relaxing, Sensual, Spiritual, Strengthening.

**Color Vision's**  
**Therapeutic Grade Essential Catalogue for Blended Oils**

**STONES Cleansing Kidney, Liver, Lymph Massage Blend**

Hi-Vibration Blue blend is reported to relieve pain, help dissolve unwanted blockages, drain toxins, and soothe painful areas. Provides gentle nourishing and cleansing support for kidney, liver & gallbladder. Contains antispasmodic regenerative Cumin, Coriander, Celery Seed, Cara way, Lavender, Ravensara, Eucalyptus, Frankincense, Geranium, Rosemary and Yarrow. The calming blend is also great for full-body massage, abdomen massage, & castor oil abdomen packs. Dilute 15 drops in castor oil or other massage oil/cream. Apply on abdomen, back & lower ribcage.

**STRENGTHEN, RECOVERY, PROTECT (Physical):**

A pleasant rejuvenating blend of Frankincense, Juniper, Myrrh, Carrot, Thyme, Detox, Immune & In-Tune, and Lotus Blossom Bouquet drains lymph, helps to remove blockages & wastes, stimulates circulation, chelates arteries and veins, nourishes cells, strengthens the Endocrine, harmonizes the Central Nervous System, and stimulates neurotransmitters. The blend may be used in air diffuser, or applied as a massage friction, diluted in carrier oil. Energetically, the blend releases emotional blockages in the throat chakra and energizes the thyroid gland.

Rejuvenating, immune-building blend with Frankincense, Juniper, Myrrh, Carrot Seed, Cistus and other rare and precious oils helps to drain lymph, remove blockages and wastes, stimulate circulation, nourish cells, strengthen thyroid and endocrine system, harmonize CNS, and stimulate neurotransmitters. The blend is frequently used to help stabilize those recovering from illness/accident. Also supports recovery from chronic fatigue, Epstein Barr and other immune problems. Anoint pulse points, neck, thymus, feet; dilute for massage.

**Surrender to Connect: Physical & Emotional/ Gut Cleanser**

Hormonal support & digestive cleanse relieves colic, abdominal pain & intestinal blockages. Purification is necessary to quiet our minds & listen to the Wisdom of the Still Inner Voice. This cleansing, relaxing and releasing blend helps us to move things through our systems on a physical, emotional and spiritual level. Contains hormonal relaxants Rose, Clary Sage, Sandalwood, Spikenard, Frankincense, Coriander, Cinnamon, Clove, Nutmeg, Oakmoss, Vetiver, Lavender, Orange ; & digestive stomach/colon relaxants Basil, Ginger, Fennel & Cumin.

A few drops may be rubbed on stomach & into bellybutton to relieve digestive distress. Dilute in olive oil for relaxing bath; works well as foot and abdominal massage during colonics.

**Sweet Dreams: aka Night Protection**

Ease restlessness, fearfulness and sleeping difficulties with this combination of exquisite blends including Fire of Love, Magnolia Bouquet, Peace & Calming, Sugar' n Spice, Cypress, Elemi, Marjoram, Myrtle, Patchouli, Rose, Orange, Sandalwood. Energetically this blend opens the heart chakra & connects it to the Universal grid - an expansive blend.

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## **Color Vision's Therapeutic Grade Essential Catalogue for Blended Oils**

This calming blend has been reported to ease restlessness, fearfulness and insomnia. Contains deeply comforting sensual relaxants Rose and Sandal wood, along with Elemi, Cassia, Helichrysum, Marjoram, Myrtle, Orange, Peace & Calm, Ambergris & Magnolia Bouquets, Cupid's Delight, Fire of Love Blends.

### **Sweet Sleep: Relaxing Diffuser & Massage Pure Essential Oil Blend**

Comforting combination of Spearmint and relaxing, pain-relieving Valerian. Use a few drops with Sweet Orange and/or Lavender. Dilute a few drops in carrier oil or cream, or apply undiluted for relaxing massage or neck, shoulder and arm friction. Put a few drops on a handkerchief under the pillow. May be combined with several drops of Wintergreen on neck, shoulder & upper back to relax at beginning of massage.

### **THIEVES POWER OF PROTECTION Respiratory Protection Diffuser Blend**

This formula includes the same anti-infectious oils that reportedly protected thieves during the London Plague. Eucalyptus, Lemon, Niaouli, Rosemary, Cinnamon, Clove, further fortified with Thyme serpolet and Manuka (New Zealand Tea Tree).

### **THIRD EYE AWAKENING & Nausea Relief (Personal Wear & Diffuser Blend)**

Sensuality, Deep Relaxation, Pain & Nausea Relief. Cinnamon, Anise, Clove, Cardamon, Carrot, Fennel, Caraway, Lavender. Inhale, anoint, & dilute for massage.

### **VALOR 2 / Stress & Panic Relief Daily Wear & Massage Essential Oil Blend**

This delicate blue strengthening blend is reported to relieve stress and panic caused by mental or physical overexertion & emotional pressures. Contains calming, balancing, uplifting and grounding Elemi, Frankincense, Rosewood, Spruce, Chamomile. Great for neck and shoulder massage. Wonderful for full body & foot massage, healing water treatments, and colonics (to ease stomach cramps, nausea).

### **Valor for Victory: Physical & Emotional Support (Immune Building, Nerve Strengthening Cancer Fighter)**

This favorite immune-building formula is frequently chosen for anointing, manual applications and massage, and is frequently used for reflexology, on the soles of the feet, providing courage to help overcome life-threatening illnesses. It is thought to cleanse, relax and strengthen the Central Nervous System. The warming, energizing blend of consciousness-raising ancient Holy oils contains Myrrh, Frankincense, Caraway, Cumin, Elemi, Peppermint, and Sage. Apply undiluted to soles of feet, spine, back of neck. Dilute for massage.

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**Color Vision's**  
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**Varicose Veins: Anti-Inflammatory Drying, Regenerating Skin Healing Essential Oil Blend**

Cypress has been described by Jeanne Rose, Tisserand and others as warming, drying, tightening and rebuilding connective tissue. Neroli, Geranium, Lavender and Sweet Orange are thought to nourish, soothe, heal -- and uplift the spirit. Juniper and Lemon are known to cleanse, drain and raise the frequency; Patchouli and Niaouli soothe, energize, disinfect and help regenerate the areas; anti-inflammatory Rose & Yarrow are reputed to be beneficial for the spirit as well as the body. Deeply soothing Sandalwood is a sesquiterpene, which grounds the blend, relaxes the body, oxygenates the cells, and helps to melt scars in the cell walls, allowing nourishment in and toxins out. Rosemary and Peppermint are historically reported to relieve pain and strengthen the nervous system. Apply undiluted, dilute in Helen's Nourishing, Scar-Reducing Carrier Oil, or dilute in olive, almond/sesame w/ borage oil if available.

**Visions and Physic powers**

A favorite of psychic readers, this blend contains powerful mind-expanding *Artemesias* Lanyana and Mugwort, as well as their relatives Anise, Bay Laurel & Nutmeg. Lanyana is described in the literature as a psychic activator, while Mugwort is famous for enhancing dreamtime. Also contains generous amounts of Yarrow, a renowned blue oil used for centuries for physical & emotional strengthening and spiritual connection. Lemongrass, a refreshing left-brain stimulant, has been frequently reported to increase attention & concentration, and also to uplift, purify and enhance psychic awareness. Ancient Holy oils Cinnamon and Clove have been widely used throughout the ages to excite the

senses, stimulate circulation & brain function, and provide protection against physical disease, emotional parasites and negative energy. The blend is gentled by citrus Orange, Lemon and Lime.

Anoint the Third Eye and hands, to increase sensitivity. May be diffused for a few minutes at a time. Place a few drops on money, writing table, paper, pens or other objects. A few drops on the pillow at night may stimulate vivid dreams.

Antibacterial, Cleansing, Energizing, Focus, Intuition, Spiritual, Sleep.

**Water and Environmental Purifier**

Antiseptic formula from World War 11 research on dysentery (Valnet, practice of Aromatherapy). Tonic of 10 drops in 1 quart of water as a daily nerve tonic strengthen body; 20 drops in 1 quart of water in case of emergency. Based on University studies of that time, Cinnamon, Angelica, Geranium kill anthrax. Myrrh, Oregano, Rosewood kills ecoli. Lemon, Thyme, Orange, Bergamot, Rosemary, Lavender, Juniper, Niaouli, Mint, Eucalyptus, Anise kills typhus, staph, meningococcal, coliform. Palmarosa, Cinnamon, Clove kill TB. Yarrow, Chamomile kills staph, strep, proteus vulgaris. In emergency, strain water before adding Purifier. Shake, let sit 30 minutes. ½ oz

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**WOUND HEAL Cellular Healing Essential Oil Blend:**

A gentle and powerful blend, excellent for fast repair of raw sores and wounds. Apply a few drops undiluted, or dilute in cream or carrier oil, or combine this blend with Helen's Nourishing, Scar-Reducing carrier oil blend to speed recovery from wounds, including recovery following surgery.

Contains medicinal quality Lavender, Palmarosa, Elemi, Cypress, Lemon; and generous quantities of precious Frankincense, Myrrh, Helichrysum, and Hyssop.

**Please contact  
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